



MEDIA RELEASE

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Pause Recommended in Use of the Johnson & Johnson COVID-19 Vaccine

(Mason City) – Centers for Disease Control and Prevention (CDC) and Food and Drug Administration (FDA) are recommending a pause in use of the Johnson & Johnson/Janssen (J&J) COVID-19 vaccine after six reported U.S. cases of a rare and severe type of blood clot in individuals after receiving the J&J vaccine, and in order to prepare the health care system to recognize and treat patients appropriately, to report severe events they may be seeing in people who have received the J&J vaccine.

Until this process is complete CG Public Health is recommending a pause in the use of this vaccine out of an abundance of caution. For now, these events appear to be extremely rare.

For individuals receiving the J&J vaccine:

- For people who got the vaccine more than a month ago, the risk is very low at this time.
- For people who recently got the vaccine—within the last few weeks—be aware of any symptoms.
 - If you have received the vaccine and develop severe headache, abdominal pain, leg pain, or shortness of breath, contact your healthcare provider and seek medical treatment.
- **Importantly**, there are three vaccines available. We are not seeing these events with the Moderna or the Pfizer-BioNTech vaccines.
- People who have vaccine appointments for the Moderna or the Pfizer-BioNTech vaccines should continue with their appointment. **If you have an appointment for the J&J vaccine you should cancel this appointment and reschedule for either the Moderna or Pfizer-BioNTech vaccine. There are appointments available on [cghealth.com](https://www.cghealth.com) to schedule yourself for a non- Janssen vaccine.**
 - **Please note**, Moderna is authorized for use in anyone aged 18 years or older, Pfizer-BioNTech is authorized for use in anyone aged 16 years of age or older.

For a complete list of authorized vaccine administrators with vaccine in stock in your area, visit:

<https://www.brady-software.com/vaccine-hunter>

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