



Cerro Gordo County Department of Public Health

MEDIA RELEASE

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Public Health App adds Trails

CGCDPH App Expands to Include Restaurants and Trails

(Mason City) - The Cerro Gordo County Department of Public Health has announced an update to their smartphone app to help residents and visitors navigate the trails in and around the community. The app, created in 2014, originally featured county restaurants and highlighted healthy menu options to help patrons make smart and healthy choices while dining out. To continue helping make the easy choice the healthy choice, residents and visitors can now use the app to locate a variety of trails from which to travel to and from destinations around the county. Users can view over thirty trails by surface type: paved trails, unpaved trails, and water trails.

“The communities in our county have accomplished some wonderful pedestrian and bicycle friendly initiatives in recent years, and it is neat to highlight these amenities so residents and visitors may take advantage of the growing trail system in our regions” remarks Kelli Huinker, Health Promotion Manager with the Cerro Gordo County Department of Public Health. “With smartphones common, a free app that features local healthy eating and healthy activity options continues to provide a valuable asset to the public in promoting health and well-being.”

Future additions to the app include listings for local parks and recreational amenities, community gardens, farmers markets and other healthy living amenities. The app can be downloaded to both Android and Apple devices and can be found online at the Google Play Store and Apple iTunes by searching Cerro Gordo County Department of Public Health.

The app was developed in partnership by WebWise Solutions, Inc. in Mason City, Iowa.

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Android Version:



Apple Version:

