

Learn how to put “ICE” in your cell phone!

It could help emergency responders located your loved ones if you cannot speak for yourself after an accident or emergency.

- “ICE” = In Case of Emergency.
- It’s EASY! It’s FREE!
- Open your cell phone and create a new entry. Instead of entering a new contact name, create the word ICE (In Case of Emergency).
- Enter the phone number of the person you would want contacted in an emergency if you are unable to speak for yourself. To list multiple contacts, create entries such as ICE1, ICE2, ICE3 and so on.
- Emergency workers can look for ICE in your cell phone and know those are your emergency contacts.
- Download our [ICE flyer](#) (see attached) and share it with your family, friends, co-workers.

Help us spread the word!

Put "ICE" in Your Cell Phone!



In Case of Emergency

It may save your life!

If you cannot tell first responders who you are, your cell phone can help emergency responders and healthcare workers identify you and notify your loved ones.

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Cerro Gordo

Homeland Security

County

Learn more online:

www.cghealth.com