



Cerro Gordo County  
Department of Public Health

BOARD OF HEALTH  
Friday, December 16<sup>th</sup>, 2016 at 12:30pm  
Department of Public Health  
Edna McCaulley Conference Room

AGENDA

- I. Call to Order
- II. Introduce Staff Guest
- III. Approve November 18th, 2016 minutes
- IV. Approval of FY 16-17 First Quarter
  - Chronic Disease Prevention and Health Promotion
    - The first annual Workplace Wellness Awards Program was launched this past summer, and the Mason City Blue Zones Project Worksite Committee helped steer the program. Twelve employer applications were received and reviewed for recognition during Q1.
    - A Snack Shack program was developed for Clear Lake High School. The program offers healthy, affordable snack options after school for students to purchase. The program was developed in partnership with the Entrepreneurial class at the high school. The class will aid in developing a marketing campaign, budgeting, and facilitating the sale of the snacks.
    - The Health Department continues to offer the Diabetes Prevent Program (DPP) to participants at risk for developing type 2 diabetes. All participants enrolled in the program have been identified as pre-diabetic or “at risk” for diabetes. Currently, there are two different cohorts attending the program.
- V. Old Business
  1. Action Items
    - a. None
  2. Discussion Items
    - a. None.
- VI. New Business
  1. Action Items
    - a. Approve FY 17-18 Budget
  2. Discussion Items
    - a. Establish January 2017 Organization Meeting Date and Time

- VII. Core Team Dialogue
- VIII. Core Team Adjournment
- IX. Health Director/Board of Health Discussion
- X. Health Director's Adjournment
- XI. Board of Health Discussion
- XII. Adjournment