

CERRO GORDO HEALTHCARE DIRECTORY



*Cerro Gordo County
Department of Public Health*

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Health Care Directory (La Información del cliente)

Adoption (Adopción)

- Avalon 641-422-0070
- Bethany Christian Services 641-423-0878
- Catholic Charities 641-424-9683
- New Horizons Adoption Agency 641-421-7332

Alcoholism Treatment (Tratamiento de alcoholismo)

- Al-Anon (Clear Lake) 641-357-7829
- Al-Anon (Mason City) 641-423-6266
- Alcohol Treatment Center (24-Hour Help) 877-479-2777
- Alcoholics Anonymous (Clear Lake) 641-357-5441
- Alcoholics Anonymous (Clear Lake) 641-357-6043
- Alcoholics Anonymous (Mason City) 641-423-6266
- Alcoholics Anonymous (Mason City) 641-424-4107
- Alcoholics Anonymous (Mason City) 641-424-6500
- Alcoholics Anonymous (Mason City) 641-430-0963
- Drug and Alcohol Addiction Treatment 800-315-2056
- Prairie Ridge Addiction Treatment 641-424-2391
- Puttin' Sober (Clear Lake and Mason City) 641-420-7832

Audiology - Hearing Services (Servicios de audiología)

- Hearing Associates PC 800-621-6424
- Miracle Ear Center 641-424-0722
- Stephens North Iowa Hearing Centers 641-424-1111

Behavior Concerns

- AEA 267 800-392-6640
- Iowa City Pediatric Psychology Dept. 800-777-8442
- Mercy Behavior Services 641-428-7797

Child Abuse and Family Violence (abuso infantil y violencia familiar)

- Child Abuse Reporting Hotline 800-362-2178
- Department of Human Services 641-424-8641
- Parents Help Line 800-468-0050

Child Health (cuidado de las salud infantil)

- Child Health Specialty Clinic 641-424-0030
- Mercy Medical Center 641-428-5437
- Mercy Pediatric and Adolescent Clinic
 - Clear Lake 641-357-7442
 - Mason City 866-357-7442

Dental Concerns (cuidado de los dientes)

- I-Smile Program and Child Health 800-657-5856
- North Iowa Mercy Free Dental Clinic 641-428-7887

Dental Services (cuidado de los dientes)

- Alpha Orthodontic Clinic 877-342-4978
- Aspen Dental 641-954-3115
- Barba Orthodontic Clinic 641-423-2172
- Central Park Dentistry 641-423-4225
- Demro Orthodontics 641-357-0340 or 641-424-3375
- Dental Center of North Iowa 641-424-8062
- Dr Polking Dentistry 641-424-9398
- Dr. Carney Dentistry 641-357-8111
- Family Dentistry 641-424-6461
- Hardinger Dental 800-728-6172
- Lake Dental Associates 641-357-4112
- Nettleton Dental Group 641-424-4521
- North Iowa Periodontics 641-424-0301
- Pediatric Dentistry of Mason City 641-424-0060
- Scribbins Dentistry 641-357-3315
- Stone Creek Dental Clinic 641-423-0064

Drug Abuse Treatment & Information

(El Tratamiento de la Toxicomanía & Información)

- Narcotics Anonymous of North Central Iowa 641-512-5007
- National Institute of Drug Abuse www.drugabuse.gov
Español - www.drugabuse.gov/es/inicio
- Prairie Ridge Addiction Treatment 641-424-2391

Domestic Violence (Violencia doméstica)

- Adult victim meetings (Mason City) 641-424-9071
- Children victim meetings (Mason City) 641-424-9071
- Iowa Domestic Abuse Line 800-942-0333
Español - http://www.icadv.org/home_en_espagnol.php
- Mason City Crisis Intervention 800-479-9071
- National Teen Dating Abuse Helpline 800-799-SAFE

Elderly Care (cuidado de low ancianos)

- Carson Home Care 641-424-3452
- Cerro Gordo County Department of Public Health -
 - Senior Health Clinics 641-421-9316
 - Home Health Care 888-264-2581
- Elderbridge Agency on Aging 641-424-0678
- Help at Home Senior Care, LLC 641-512-0065
- Mercy Aging Services 800-433-3883
- Mercy Home Care 800-274-5285
- Renee's Loving Care 641-220-0455
- Ultimate Nursing Services 877-208-2018

Eye Care (cuidado de los ojos)

- Clear Lake Optometry 641-357-2020
- Clear View Eye Clinic 641-422-3937
- Dr. Korthals & Associates 877-493-3937
- Eye Mart Optical 641-421-1121
- Family Eyecare 641-423-7555
- North Iowa Eye Clinic 800-392-9473
- Shopko Optical Center 641-424-8271
- Vision World 641-423-8163
- Walmart Vision Center 641-423-8431
- Wolfe Eye Clinic 641-542-7956

Food and Bill Assistance (asistencia alimentaria, factura)

- Cerro Gordo County Relief- Veterans 641-421-3092
- Cerro Gordo County DHS Food Stamps 641-424-8641
- Congregate Meals
 - Ventura 641-829-3517
 - Clear Lake 641-357-5443
 - Mason City: Community Kitchen 641-423-7766
 - Hawkeye Harvest 641-424-3073
 - Meals on Wheels- Mason City 641-380-0080
- North Iowa Community Action Org. 800-873-1899
- WIC 641-423-5044

Gambling: (juegos de azar) Treatment Services 800-BETSOFF

General Health Information (Información general de salud)

- Cerro Gordo County Free Health Clinic 888-669-4662
- Cerro Gordo County Department of Public Health
641-421-9300 or <http://www.cghealth.com>
- Hawk-I health insurance for children 800-257-8563
- Healthy Families Line 800-369-2229
- Mercy Family Health Line 641-428-7777
- Mercy Women’s Health Center 800-468-0050
Español - <http://www.idph.state.ia.us/espanol.asp>
<http://www.healthfinder.gov/espanol/>
- North Iowa Community Action Org. 800-657-5856
- Teen Line 800-443-8336

General Medical Care (Cuidado Médico general)

- Anchor Family Care 641-424-0000
- Broman/Jenkins Family Medicine 641-494-2464
- Cerro Gordo County Free Health Clinic 888-669-4662
- Dr. Gross (Clear Lake) 641-357-2141
- Emergency Center 641-428-7234
- Lindstrom Family Practice 641-423-0711
- Mason City Clinic 641-494-5200

General Medical Care Continued (Cuidado Médico general)...

- Mercy Family Health Line 641-428-7777
- Mercy Family Residency 641-428-7766
- Mercy Medical Center North Iowa 641-428-7000
- Mercy Women's Health Center 800-468-0500
- North Iowa Family Health Care, PLC 641-423-4545
- Veterans Clinic 641-421-8077
- West Fork Family Medicine, Rockwell 641-372-0315
- Women's Health Center 641-428-6000 or 800-327-0122

Hepatitis Testing (la hepatitis que prueba)

- Cerro Gordo County Department of Public Health -
641-421-9320

Hepatitis Treatment (Tratamiento de hepatitis)

- For Prescription Assistance <http://www.rxassist.org/>
- John B. Gross Jr., MD (Rochester) 507-284-2141
- Lark Trygstad, ARNP (Mason City) 641-494-5350
- Satish K. Sondhi, MD (Mason City) 641-494-5350
- University of Iowa (Iowa City) 800-322-8442

Hepatitis Hotlines and Websites (Líneas Directas y Sitios web)

- Hepatitis Foundation International 800-891-0707
Español - <http://www.hcvadvocate.org/espanol.asp>

HIV Testing (VIH que prueba)

- Cerro Gordo County Department of Public Health -
641-421-9320

HIV Hotlines & Websites (Líneas directas de VIH y sitios web)

- Centers for Disease Control and Prevention 800-232-4636
- <http://www.cghealth.com>
- <http://www.cdc.gov/hiv/>

HIV Clinic and Support Services (Los dispensarios y sostiene los servicios)

- Ft. Dodge HIV/AIDS Coalition 515-573-4107
- North Iowa Community Action Org. 641-423-5044
- Primary Health Care (Des Moines) 515-248-1400
- University of Iowa (Iowa City) 319-356-8133

Immunizations (Inmunizaciones)

- Cerro Gordo County Department of Public Health -
641-421-9321
- <http://www.idph.state.ia.us/ImmTb/immunization.aspx>
- <http://www.immunize.org/>
- <http://www.cdc.gov/vaccines/>
- Gardasil-North Iowa Community Action Org. 641-423-5044
Español -
<http://www.cdc.gov/spanish/immunizacion/index.htm>

Lead (plomo)

- Cerro Gordo County Department of Public Health (Testing) 641-421-9300
- <http://www.cdc.gov/nceh/lead/>
Español - http://www.idph.state.ia.us/eh/common/pdf/lead_poisoning_prevention/como_proteger_a_las_familias.pdf

Lesbian, Gay, Bisexual, Transgender Resources & Assistance

- Homosexuals Anonymous 641-357-4976
- PFLAG Helpline 641-583-2848
- <http://www.sageusa.org/index.cfm>

Mental Health (salud psiquica)

- Catholic Charities 641-424-9683
- Central Iowa Juvenile Detention Center 641-858-3852
- Cerro Gordo County Department of Human Services - 641-424-8641
- Comprehensive Systems 641-423-2663
- Cornerstone Counseling & Mediation Services - 641-424-8344
- Four Oaks (Mason City) 641-423-3222
- Francis Lauer Youth Services 641-423-7362
- Healing House (children 8 & older) 641-357-1494
- Iowa's Concern Hotline 800-447-1985
- Lindstrom Family Practice 641-423-0711
- Lutheran Services of Iowa 641-423-1083
- Mason City Youth Task Force Bullying Hotline - 641-424-9071 or 800-479-9071
- Mental Health Center of North Iowa 641-424-2075
or <http://www.mhconi.org>
- Mercy Behavior Services 641-428-7797
- Mercy Hospital Access Center 641-428-7000
- National Suicide Prevention Lifeline 800-273-8255
or <http://www.suicidepreventionlifeline.org/>
- Spring Harbor -Residential Care Facility 641-749-5372
- North Iowa Crisis Center 641-494-1758
- North Iowa Transition Center 641-424-8708
- Opportunity Village 641-355-1248
- Teen Help Line 800-852-8336
- Women's Health Center (12 years & older) 641-428-6006

Miscellaneous Specialty Clinics and Resources (miscelaneo)

- Breast & Cervical Program Cerro Gordo Health Department
641-421-9315
- Compass (Disability and Brain Injury Assistance) -
800-779-2001
- Free Prescription Drugs
573-996-3333
or www.FreeMedicine.com
- Hispanic Health Hot Line
866-783-2654
- Iowa Healthy Families Line
800-369-2229
- Prenatal Hotline
800-504-7081
- *Español* -
866-942-6466
- U of I Center for Disabilities & Development 877-686-0031
or www.uihealthcare.org/cdd
- Vision USA (assistance for low income) 800-766-4466
or www.aoa.org/visionusa

MRSA (Methicillin-Resistant Staph Aureus) -

<http://www.cdc.gov/hai/>

Pregnancy/Birth Control (embarazo y contracepción)

- Caring Pregnancy Center
641-424-2237
- Iowa Department of Public Health: Healthy Families -
800-369-2229
- Maternal Health Program
641-423-5044
- North Iowa Community Action Organization :
Family Planning - 641-423-5044 or 800-657-5856
- Termination resources
 - Emma Goldman Clinic (Iowa City) 800-848-7684
or <http://www.emmagoldman.com/default.htm>
 - Planned Parenthood -
<http://www.plannedparenthood.org>
Español - <http://plannedparenthood.org/sp/index.htm>

Rape (el abuso sexual)

- Iowa Sexual Abuse Hotline
800-284-7821
- Mason City Crisis Intervention
800-479-9071
or <http://www.cisnci.org/>
- Rape Hotline
210-349-7273
- Rape Victim Advocacy -
http://www.rvap.org/pages/iowa_sexual_abuse/

Runaway (huyen de casa)

- Mason City Crisis Intervention
800-479-9071
or <http://www.cisnci.org/>
- Runaway hotline
800-RUNAWAY
or <http://www.1800runaway.org/>

Shelters/Housing (refugio/casa)

- Francis Lauer Youth Services 641-423-7362
or <http://www.francislauer.com/>
- Habitat for Humanity of North Central Iowa 641-424-7777
- Mason City Housing Authority 641-421-9527
- North Iowa Community Action Organization 641-423-7766
- North Iowa Regional Housing Authority 641-423-0897
- Northern Lights Homeless Shelter (men) 641-380-0048
- Salvation Army 641-424-4031
- Trinity House of Hope (women) 641-423-5920
- USDA Rural Housing and Community Development - 641-648-5181

STD's (enfermedades de transmisión sexual)

- Cerro Gordo County Department of Public Health - 641-421-9320
- Family Planning (NICA0)- HIV 641-423-5044
- Mercy Family Health Line 641-428-7777 or 800-468-0050
- Mercy Family Residency 641-428-7766

STD Information Websites & Hotlines

- <http://www.cghealth.com>
- <http://www.cdc.gov/std/default.htm>
Español - <http://cdc.gov/std/spanish/default.htm>
- Centers for Disease Control and Prevention 800-232-4636
<http://www.advocatesforyouth.org/factsfigures/index.htm>
- STDs/STIs Info - <http://www.ashastd.org/std-sti.html>
- National Herpes Hotline 919-361-8488
- National STD Hotline 800-227-8922
Español - 800-344-7432

Teens (de los adolescentes)

- Abuse victim meeting(Crisis Intervention) 641-479-9071
or 641-424-9133
- Caring Pregnancy Center Young Mom's Support Group - 641-424-2237
- HIV info - <http://www.advocatesforyouth.org/factsfigures/index.htm>
- Family Planning (birth control, pregnancy testing) - 641-423-5044 or 1-800-657-5856
- Francis Lauer Youth Services(shelter) 641-423-7362
or <http://www.francislauer.com/>
- Iowa State Extension Teen Line 800-443-8336
- Mason City Crisis Intervention 800-479-9071
- National Teen Dating Abuse Helpline 800-799-7233
- Runaway hotline 800-RUNAWAY

Tobacco Cessation (para dejar de fumar)

- Cerro Gordo County Health Department - 641-421-9300
- Iowa Quit Line (English & Espanol) 800-784-8669
- Prairie Ridge Addiction Treatment Services 641- 424-2391

Tuberculosis Testing (La tuberculosis que Prueba)

- Cerro Gordo County Department of Public Health - 641-421-9321

Tuberculosis Information (Los Sitios web de la tuberculosis)

- <http://www.cdc.gov/tb/>
Español - <http://www.cdc.gov/tb/esp>
- American Lung Association 800-548-8252
Español - <http://www.lung.org/espanol/>

Wellness Resources (recursos bienestar)

- Cerro Gordo County Department of Public Health - www.cghealth.com or 641-421-9312
- Iowans Fit for Life www.idph.state.ia.us/iowansfitforlife/
- Iowa State Extension 641-423-0844
www.blogs.extension.iastate.edu/wellness/
 - Live Healthy Iowa www.livehealthyiowa.org

Young Mother Resources (recursos joven madre)

- Baby Pantry at St. Joseph's Catholic Church 641-424-5001
- Caring Pregnancy Center Young Mom Support Group - 641-424-2237
- Family Connections 800-433-3883 ext. 2525
- Mothers of Preschoolers (MOPS) -Mason City 641-424-3140
- Mothers of Preschoolers (MOPS) -Clear Lake 641-357-7581

<h1>NOTES</h1>