



Influenza Symptom Screening Tool for Parents & Caregivers

Use this questionnaire each day your child is sick with influenza-like illness symptoms and follow the instructions for when to keep your child home and what to tell the child's school.

Does your child have:

- Fever of 100° F or higher? Yes No
(Take your child's temperature BEFORE giving him/her a fever-reducing medicine like Tylenol or Ibuprofen)
- Sore throat? Yes No
- Cough? Yes No

Should I keep my child home from school or daycare?

- If you checked “yes” for fever AND one of the other symptoms, keep your child home for **AT LEAST** 24 hours after his or her fever is gone without the use of a fever reducing medicine such as Tylenol or Ibuprofen. For many children this will be 5-7 days. Your child should also feel well enough to participate in school or daycare before returning. If you have any questions about your child's health or symptoms, call your child's doctor or clinic.
- If your child has been diagnosed by a doctor or clinic with a different disease, such as strep throat, follow your doctor or clinic's recommendation and school policy for when to return to school or daycare.

What should I tell my child's school or daycare?

- If you checked “yes” for a fever AND one of the other symptoms, tell the school or daycare that your child is home with influenza-like illness.
- If your child has been diagnosed by a doctor or clinic with influenza or a different disease, such as strep throat, tell your child's school or daycare the diagnosis.

This screening tool has been adapted from the Minnesota Department of Public Health's "Influenza Symptom Screening Tool for Parents and Caregivers"