

Could I Have Hepatitis?

The word "Hepatitis" means liver inflammation. Three common viral hepatitis strains in the United States are Hepatitis A, B, and C. Symptoms are flu-like: nausea, abdominal pain, and sometimes jaundice. The only way to know if you are infected is to GET TESTED! Millions of Americans have hepatitis and don't know it. The Cerro Gordo County Department of Public Health offers hepatitis testing for Cerro Gordo County residents. Call Public Health: 641-421-9320 or Toll Free: 1-888-264-2581. Learn more online: www.cghealth.com

| | <i>How it Spreads</i> | <i>How You Can Get It</i> | <i>Is There a Vaccine?</i> |
|--------------------|---------------------------------------|---|----------------------------|
| Hepatitis A | Through Feces | <ul style="list-style-type: none"> • Close personal contact with an infected person or ingestion of contaminated food or water from an infected person who did not wash their hands thoroughly • Sexual contact with an infected person | Yes |
| Hepatitis B | Through Infected Blood or Body Fluids | <ul style="list-style-type: none"> • Sexual contact with an infected person • IV drug use; sharing needles or supplies such as cotton, syringes, etc. • During birth an infected mother can pass the virus to her baby | Yes |
| Hepatitis C | Through Infected Blood or Body Fluids | <ul style="list-style-type: none"> • IV drug use; sharing needles or supplies such as cotton, syringes, etc. • Received a blood transfusion or solid organ transplant before July, 1992 • Received treatment for clotting problems with a blood product made before 1987 • Tattoo and body piercing if practices are not sanitary | No! |

