

Cerro Gordo County Board of Health  
Friday, June 25, 2010

Present: Mark Johnson, MD, Chairman  
Barb Kellogg, Secretary  
Pat O'Brien-Galasso  
Phil Dougherty

Absent: Candi Schickel, Vice Chair

Staff: Ron Osterholm, Health Director  
Brian Hanft, REHS, MPA, Environmental Health Service Manager  
Linda Read, RN, BSN, Service Manager, Family & Community Health  
Karen Crimmings, RN, Disease Prevention and Investigation Service  
Jodi Willemsen, Public Health Preparedness Service Manager  
Teresa Symens, Health Promotion & Education Service Manager  
Kara Vogelsson, Organizational Development & Research Manager  
Kelli Huinker, Wellness Coordinator

Guests: Sarah Schickel  
Mary Pieper, Globe Gazette  
Jan Weaver, Home Care Aide

Service Award: Dr. Johnson presented Jan Weaver with an award for 5 years of service.

Minutes: Motion by Kellogg, second by Dougherty to approve the minutes of May 14, 2010 as distributed. Motion passed.

Lease Renewal Plan: Ron Osterholm presented the Health Department Lease Renewal Plan, explaining upon last meeting the idea of delaying the possibility of relocating was suggested including whether or not to purchase an existing building or building new and to look at a 3 year lease and go from that point. Osterholm had discussion with the Determan's; they looked at a 3 year lease option. With a 3 year lease the cost per square footage remains the same but there was a hesitation on their part when the carpeting and painting came into play. Looking at extended sites for wellness was also up in the air at that time.

After that discussion, Osterholm thought about where the department is at right now, where the economy is at, the state's condition and looked at Health Care Reform starting to take form but not kicking off until 2012. This will give the department a better idea of where we really sit within the next 2-3 years more so than anything. Then looking at the home care component and the direction it will be moving. Osterholm then thought more of it. His recommendation coming back to the Board is, we could do a 3 year lease.

The carpet and the paint would not be a part of it, we would pay for it. The major thing we need to look at is the projection over the next 5 years how things will evolve within the Health Care Reform and within public health; knowing that we'll have at least 2 years with some difficulties or challenges that it might be wise to really look at a 5 year lease. That would give us 2 years to look at where Health Care Reform is going. The last 2 years of the lease we can then look at putting a building together. We'll have a better projection/idea of what size we want to be so we're not under-sized or over-sized from the standpoint of cost and future program knowledge. Osterholm referenced back to the Board saying he actually reconsidered and is recommending a 5 year lease to buy us time to begin direction after year 3. Our lease contract is up September 5, 2010. We would then be committing until year 2016 which would put us in the middle of the heart of the Health Care Reform; as 2014 is where it really maximizes but then carries out until 2021-22.

Motion by Kellogg, second by O'Brien-Galasso to approve Ron Osterholm to follow through with his recommendation of a five year lease.

Dougherty stated his appreciation of Osterholm being focused on this plan and meeting regularly with the Board of Supervisors keeping them abreast of the situation as well as meeting with architects and businessmen regarding setting into motion this plan. O'Brien-Galasso stated her appreciation of Osterholm and staff for the time it took to research to make sure any potential move is a correct tone. What she heard reported back today was good. Motion passed.

Employee Handbook Amendments and Additions (Wellness): Kelli Huinker presented the handbook amendments. The proposed amendments are regarding wellness. The first item she is asking to change is to allow employees to combine their morning and afternoon breaks to their meal period to allow for 60 minutes to use for any type of wellness activity they might have if it is approved by their service manager ahead of time. It would allow more time for employees to go on a walk over their lunch break or go to the Y or another exercise facility and actually get some exercise or a wellness activity in and not be rushing back and forth.

The second addition would be to allow two annual 60 minute work periods per year to allow employees within their workday to receive a fitness assessment with one of the wellness staff.

Two other changes to the employee handbook, not presented by Huinker, were the changes in language from "Health Planning and Development" to "Organizational Development and Research" throughout the handbook and under Section 6.4 Employee Dress and Grooming, the wording "as directed by individual service section managers" has been added to the last sentence pertaining to the wearing of nametags during work time.

Motion by Kellogg, second by Dougherty to accept the handbook amendments as presented solely for health department staff at this time.

When questioned, Huinker stated the downside could be with people taking advantage of the situation and not going through with wellness activities. As such, it will be put in the hands of the service managers to keep track. Employees will be accountable for their actions but service managers will also be accountable for their employees. It will be an honor system. Osterholm mentioned a couple years ago one day a week was allowed for an hour walk and the half hour was paid. No one abused it then, so we already have a track record where pretty much everyone responded honestly to it.

Huinker explained the STRIDE (Start Taking Responsibility in Diet and Exercise) program is our worksite wellness program that just began. Employees would be able to contact the wellness department and schedule a time during their workday to go to the fitness room and conduct a fitness assessment; which is one way to gauge their health by getting a better understanding of where they are at.

Dr. Johnson suggested this be a one-year pilot after which it can be re-assessed. Motion passed.

IDPH Pool, Tattoo & Tanning 28-E Agreement:

Brian Hanft stated the Iowa Department of Public Health is re-working their 28-E Agreements for Tanning, Tattoo and Swimming pool inspections. The changes we have made with the regional reduction are reflected in this 28-E Agreement. This contract is not new; we have been conducting these programs all along. This is just to bring this 28-E Agreement to the Board's attention and to ask for the Chair's signature. Hanft stated there will probably be an amendment coming very soon to this 28-E Agreement, should you sign it, to include funeral homes inspections again. There have been a lot of discussions regarding the environmental impact as well as the potential public health exposure from viewing the cadavers. In our opinion over the years, basically funeral home inspections were no longer continued. The Funeral Director's are requesting that someone provide those inspection services. Public health for what it's worth, is involved in inspections, so it makes sense.

This 28-E Agreement reflects the changes that we have decided to move forward with. Statewide they are signing all new 28-E Agreements for every county local Board of Health that is involved in doing these inspections. There is nothing new, nothing that changes and nothing contentious.

Motion by Kellogg, second by O'Brien-Galasso to sign the 28-E Agreement.

We do not go in to a pool facility to determine if there are any chlorine gases in the air. We do a lot of chemistry with the pools themselves, we do check

safety related issues, for chemical storage they have to have adequate signage; we go through the whole place. We check for slip, trip and fall hazards making sure that the steps leading into the pool are ok. The diving boards have to meet the distance from the sides and back wall. The Virginia Graham Baker Act actually went over the drain covers very well. The industry caught up with the lack of drain covers. We didn't have a lot of issues with closures. We were being instructed by the Consumer Product Safety Commission, if we found a pool without an adequate drain cover by July 2009 we were to close them. Thankfully, we did not have a lot of issues; most facilities were on top of it.

It was questioned if we have seen any chemical-related accidents. Hanft stated we get calls periodically for people who have been exposed to a high concentration; they do happen. We have no salt water pools currently within our region. Motion passed.

2010-2011 BT  
Contract:

Jodi Willemsen wanted to bring the Board up to speed on the ending BT Grant year; picking up another grant beginning in August. The State did reach concurrence with their vote the week of June 7. A survey was sent out to local public health agencies in which we had to respond on the activities in the grant and the funding formula. Debate ended up in a 50/50 funding split, it will stay the same as it was last year with that funding formula coming down to locals. Actually it was a 50/50 split the State to the locals and then at the local level 50% population and 50% core or base. That is how the dollar amounts will work for this next year. The contracts have gone back up to the CDC for approval now, so hopefully by the 16<sup>th</sup> we'll have contracts in-hand to sign, so we'll be ready to roll on time in August.

Motion by Kellogg, second by Dougherty to move forward and approve the Contract. Motion passed.

Local Public Health  
Service Contract:

Linda Read stated we still have a contract to sign for our Local Public Health Service Grant funding which will include the Home Care Aides and Public Health Nursing. The local Board of Health money goes to some of our community planning. It is a little bit less than what we got last year but last year's included some stimulus funds.

Motion by Kellogg, second by Dougherty to approve the Contract. Motion passed.

Phase II/III Public  
Health Emergency  
Response Contract:

Jodi Willemsen stated this is also a Contract needing a signature regarding our H1N1 funding which was split out into three separate phases. Phases II and III they did a survey again around the state of Iowa to see what remaining funds were left in each county. They are looking at pulling that unused funding back to state level so they can reallocate it to counties that are still in need of funding.

Osterholm mentioned the State will hold on to the money and re-allocate it if there is a second H1N1 outbreak. Willemsen stated there is a possible reallocation for next year of \$2.8 million that could stay within the state of Iowa. Osterholm stated nation-wide all states will maintain the funding, as most states have not spent it, so states will be able to hold onto it and then allocate it at a later date.

Motion by Kellogg, second by O'Brien-Galasso to approve signature the Contract amendment. Motion passed.

The meeting was adjourned at 12:52 pm. The next meeting is scheduled for Friday, August 6, 2010 at 12:30 pm.

Respectfully Submitted,

Barb Kellogg  
Secretary